Portland

4T - Trail, Tram, Trolley and Train

For the ultimate Portland excursion, begin with a walk up the Marquam Trail to the city's highest point, Council Crest; pass through the campus of Oregon Health and Science University (OHSU), the city's largest employer; then ride free down the Portland Aerial Tram to the developing South Waterfront District. Head north on the streetcar (trolley) and stop at one of downtown's many attractions before returning to the start via the MAX train. The walking portion of the route, from the Zoo to the top of the tram, is 3.95 miles.

Note: The aerial tram is closed on major holidays. Visit www.portlandtram.org for dates.

Begin at the Washington Park MAX station at 4001 SW Canyon Road in Portland. Walk south along the Zoo toward the roar of the Sunset Highway. Cross over it on the elevated roadway, Knight Boulevard, walking on its left (east) side. Cross the highway ramp and turn left to walk east. Turn right at a trailhead for the Marquam Trail. Follow the trail as it climbs to Patton Road and Heather Lane.

Turn right on Patton. At the intersection of Humphrey, Patton and Talbot, go uphill onto Talbot. Follow it to an entrance to the Marguam Trail in Council Crest Park. Follow the paved path and then a sidewalk on the left that brings you to the top of Council Crest, at elevation 1,073 feet. Make half a loop around Council Crest's east side; on the left is another Marquam Trail sign. (continued on page 176)

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Follow the trail downhill, following the Marquam Shelter-Terwilliger Trail sign.

Cross Greenway Avenue and stay on the trail. At the trail's intersection with Fairmount Boulevard, turn right onto Fairmount. Walk on the left side of the road, facing traffic. Turn left on Marquam Hill Road, which becomes Gibbs Street as it enters the Homestead neighborhood. OHSU's vast campus begins at Sam Jackson Park Road and U.S. Veterans Hospital Road. Cross here to get on the right side of Sam Jackson. Walk east to the tram.

Take the tram to the South Waterfront District. Disembark and walk to Moody and Gibbs. Here, catch the Portland Streetcar to 10th and Alder, then walk south on 10th to Morrison to catch a MAX train back to the start.



3.95 miles **8342** steps

difficulty 45.509, -122.716

